CAMPUS INFRASTRUCTURE

मां राम दुलारी बालिका महाविद्यालय

Maa Ram Dulari Balika Mahavidyalaya

Chatarma, Badhupur, Ghazipur, Uttar Pradesh

SPORTS & PHYSICAL EDUCATION COMPLEX

At Maa Ram Dulari Balika Mahavidyalaya, we emphasize the holistic development of female students by fostering physical fitness, sportsmanship, and teamwork. Our comprehensive indoor and outdoor sports complex is equipped to support recreational athletic activities as well as competitive training.

Outdoor	Indoor	Annual
SPORTS COMPLEX	GYM & ARENA	ATHLETIC MEETS

NCC & NSS UNITS (YOUTH & COMMUNITY SERVICE)

Beyond physical education, the institution emphasizes character building, leadership, and national service through active units of the **National Cadet Corps (NCC)** and **National Service Scheme (NSS)**:

NCC Wing (25 Cadets)

Active unit focusing on drill, weapons training, leadership development, national integration camps, and republic/independence day parades.

NSS Unit (100 Volunteers)

Engaged in regular community service, blood donation drives, rural literacy awareness, environmental protection, and annual special camps.

KEY FACILITIES OFFERED

Basketball Court

Standard court featuring high-grade flooring and lighting for regular practice sessions, team tournaments, and physical fitness drills.

Athletics Track

Dedicated track area for sprint, long-distance running, relay races, track and field training, and annual inter-college athletic competitions.

Modern Gymnasium

Equipped with modern strength-training equipment, cardio machines, and dedicated space for fitness, aerobics, and personal wellness exercises.

Indoor Sports Complex

Multi-purpose indoor arena providing facilities for badminton, table tennis, chess, carrom, and indoor recreational activities.

SPORTS ACTIVITIES SCHEDULE

Facility / Zone	Key Activities	Access Hours
Basketball Court	Practice matches, drills, tournaments	6:00 AM – 8:00 AM / 4:00 PM – 6:00 PM
Athletics Track	Track events, sprint training, yoga	6:00 AM – 8:30 AM / 4:30 PM – 6:30 PM
		6:30 AM – 9:00 AM / 3:30 PM – 6:00